

Lent 2012 Consumer Detox

This coming Lent, take a journey with others towards less stuff and more life.

What is the Detox?

Seven weeks during Lent 2012 to detox from consumerism. The resources below will be available to any church or small group that wants to try them.

Weekly Group Notes

Week 1 (21st-25th Feb): **Intro**

Optional introductory activities, ideally including pancakes

Week 2 (26th Feb-3rd Mar): **Thorns**

How can we prevent our stuff from choking our faith?

Week 3 (4th – 10th Mar): **Rich**

How to be (truly) rich

Week 4 (11th-17th Mar): **Stop**

Breaking free from the always-on culture

Week 5 (18th – 24th Mar): **Idol**

God vs Mammon

Week 6 (25th – 31st Mar): **The Cross**

God's generosity and our surprising response

Week 7: (1st- 8th Apr): **Passover and reflection**

Each week will include a Bible passage, suggested questions, group activities and challenges for daily life.

Full group notes will be released by 10th Jan at www.consumerdetox.wordpress.com (or email editor@breathenetwork.org.uk).

Daily Blog

www.consumerdetox.wordpress.com

Mark writes: 'Throughout Lent, I'll be posting each day on what it's like to live a Consumer Detox – the inspirations and challenges, the successes and the failures.'



09
Friday
Dec 2011

Welcome

POSTED BY MARK IN UNCATEGORIZED

LEAVE A COMMENT

Welcome to the Consumer Detox blog pages!

[edit]

During Lent 2012, I will be posting daily on this site. Discussion guides for small groups and links to talks through lent will also be available soon.

RECENT POSTS

Welcome

CONSUMER DETOX

Consumer Detox
on Facebook
Like 122

Online Talks

These will be available at: www.stgeorgesleeds.org.uk

Less Stuff, More Life: Thorns (26th Feb, online by 28th Feb)

Less Stuff, More Life: Rich (4th March, online by 6th March)

Less Stuff, More Life: Stop (11th March, online by 13th March)

Less Stuff, More Life: Idol (18th March, online by 20th March)

Less Stuff, More Life: The Cross (25th March, online by 27th March)

The Book

Consumer Detox: Less Stuff, More Life (Zondervan, 2010)

Available from Christian bookstores, Amazon, and in Kindle and audio formats.



This book is not about guilt. It's about life. It is a gift to be able to stand up and say with Powley, "I am a recovering consumer." (Shane Claiborne)

Mark Powley tackles one of the most important challenges facing Christian discipleship in the west today. This book is readable, clever, funny, and is full of simple, practical but radical wisdom. If the church took this agenda seriously, it could make a big difference. (Graham Tomlin)

Mark Powley has written a book that takes addictive consumerism seriously, yet manages to be vibrant, funny and thoroughly engaging at the same time... an unstoppable, can't-put-down read. (Green Christian)

Despite its anti-consumeristic drive, this first-time writing beats with joy, fun, depth, challenge and a wonderful lightness of spirit. Powley's writing, in the power of the Holy Spirit, evokes a rare and deep repentance toward a renewed life of obedience to Christ. (J. Douglas – Amazon review)